

2018 Champions for Young Children Symposium

Understanding Trauma and Building Resilience



August 3, 2018 7:30 a.m. - 4:00 p.m.
Columbia Conference Center

Welcome to the 2018 Champions for Young Children Symposium!

For those of you who have attended Champions in the past and for those who are here for the first time, I hope that you will find this professional development experience both worthwhile and enriching. We could not offer this event without the consistent commitment of time and resources from multiple agencies and organizations.

For several years, the preschool committee of the SC Advisory Council for Educating Students with Disabilities has been interested in bringing together early childhood stakeholders to share ideas and learn about evidence-based practices that support inclusion. In November of 2014, the committee decided the time was right to plan an event and the SC State Department of Education, Office of Special Education Services agreed to sponsor the cost of the venue. The result was the 2015 Champions for Young Children Symposium.

Due to the positive feedback from previous events our sponsors and partners are pleased to offer another opportunity for professional development and networking for people from multiple facets of early childhood education and parents. The theme for this year's Champions for Young Children Symposium is Understanding Trauma and Building Resilience. We built the program with the following goals in mind:

- To increase awareness of the effect of trauma in young children
- To provide symposium participants with evidence-based strategies to respond to trauma and build resilience in young children
- To provide a platform for practitioners from multiple early childhood sectors to network.

You will be given the opportunity to provide feedback about your experience at today's symposium. I hope you will use that opportunity to share your ideas with us. Enjoy your day!

Heather S. Googe, PhD

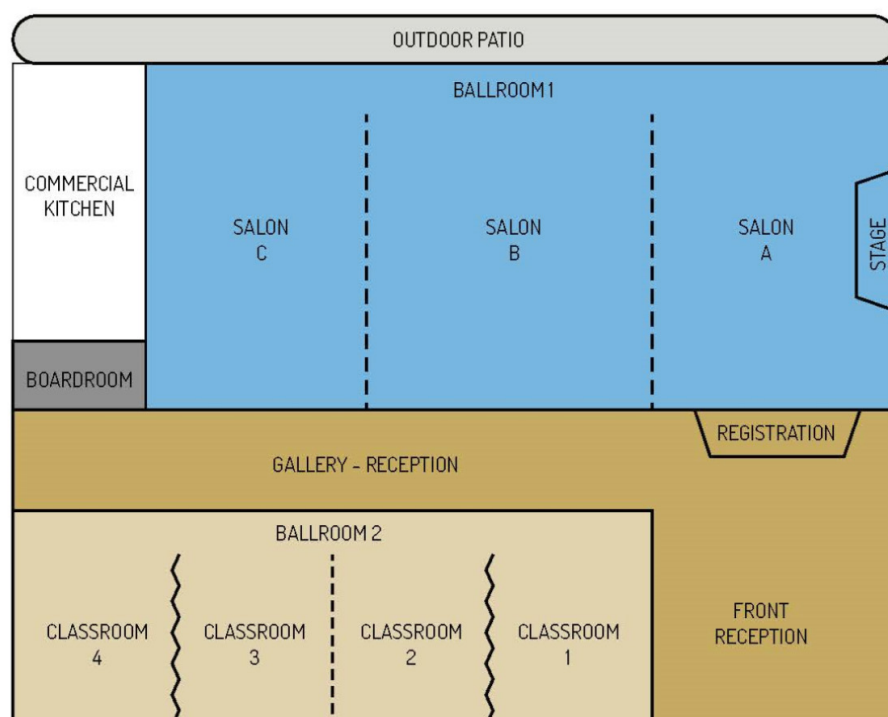
2018 Champions for Young Children Planning Committee Chair

Research Assistant Professor, USC Yvonne and Schuyler Moore Child Development Research Center

South Carolina Child Care Inclusion Collaborative, PI and Program Director

South Carolina Partnerships for Inclusion, PI

Symposium Floorplan



Announcements

Free Wi-fi

Good News! You will be able to stay connected while at the 2018 Champions for Young Children Symposium. Free wi-fi is available for participants by selecting the unsecured network.

Training Credit

- **CEUs:** Participants can earn .5 Continuing Education Units (CEUs) for participation in featured speaker sessions and breakout sessions. One CEU is awarded for every 10 hours of training. Symposium participants have the opportunity to participate in 5 hours of training. There is no additional fee for CEUs. Participants interested in receiving CEUs should request a form to document your participation in Symposium sessions at the registration desk. Participants must attend both featured speaker sessions and both breakout sessions to receive credit. Forms should be returned to the registration desk at the end of the event.
- **Child Care:** This event is a certified conference through the SC Center for Child Care Career Development. Participants interested in receiving child care training credit can pick up a sticker sheet at the registration desk on the day of the event. Completed sheets should be returned to the registration desk at the end of the event.
- **Early Intervention:** The Team for Early Childhood Solutions has approved this training for SC Early Intervention Credential renewal.
- **Head Start/Early Head Start:** The Symposium is approved as a Head Start pre-service event.

Symposium At-A-Glance

	Salon A	Salon B	Salon C	Classroom 1-2	Classroom 3-4
7:30-8:45	Registration and Continental Breakfast				
8:45-9:00	Opening Remarks				
9:00-10:00	Morning Keynote <i>From Trauma and Adversity to Health, Hope and Resilience: What's in your Backpack?</i> Dr. Janice Gruendel (PD: 1.0)				
10:00-10:15	Break				
10:15-11:45	Healthy Relationships, Healthy Children: Building a Baby Bundle Dr. Janice Gruendel (PD: 1.5)	Recognizing and Reporting Child Abuse and Neglect for Mandated Reporters Brenda J Myers (PD: 1.5)	<i>Resilience</i> Documentary Screening and Discussion Pat Patrick (PD: 1.5)	Attachment Jessica Sharp (GD: 1.5)	Creating Trauma- Informed and Nurturing Interactions and Environments for Infants, Toddlers and Young Children Christopher Wells & Cathy Joyner (GD: 1.5)
12:00-1:15	Lunch-Served in the Gallery				
1:15-2:45	Healthy Relationships, Healthy Children: Building a Baby Bundle Dr. Janice Gruendel (PD: 1.5)	Recognizing and Reporting Child Abuse and Neglect for Mandated Reporters Brenda J Myers (PD: 1.5)	<i>Resilience</i> Documentary Screening and Discussion Pat Patrick (PD: 1.5)	The Protective Factors Framework: The Antidote to Child Abuse and Neglect Lorraine Cragan- Sullivan (PD: 1.5)	Creating Trauma- Informed and Nurturing Interactions and Environments for Infants, Toddlers and Young Children Christopher Wells & Cathy Joyner (GD: 1.5)
2:45-3:00	Break				
3:00-4:00	Afternoon Keynote <i>Moving to Action: Relationships that Sustain Health and Resilience</i> Charlene Russell-Tucker (PD: 1.0))				

*GR=Child Growth & Development; PD=Professional Development

Featured Speakers

Morning Featured Speaker - Dr. Janice Gruendel

Dr. Janice Gruendel has over 30 years of applied social science experience crafting state and local policy and practice guidance focused on early childhood through young adult years. She currently supports United Way's Bridgeport Prospers effort, NC Pathways to Third Grade Reading Initiative, the Eagle County Colorado Two-Gen Initiative, and NC Community Impact work at the Institute for Emerging Issues. Dr. Gruendel is also working with school districts in North and South Carolina to strengthen trauma-informed education and advance a social emotional development framework in PK-12 education.



For 16 years, Dr. Gruendel worked in Connecticut state government as a senior executive in child welfare, public health, developmental disabilities, and corrections, serving under five governors. She also worked for five years for former Governor M. Jodi Rell as Senior Policy Advisor for Early Childhood. She brings nine years in the non-profit research, policy and advocacy sector, as co-founder and co-president of CT Voices for Children. She worked in the business sector for four years as VP for Education and Technology at Rabbit Ears Productions, and she now heads her own small business as its founder. Dr. Gruendel has recently accepted a faculty position at the University of North Carolina Charlotte as a Research Professor. She is a Senior Fellow at the Institute for Child Success in Greenville, South Carolina and a Fellow at the Zigler Center at Yale University, and she recently joined the faculty of the University of North Carolina Charlotte as a research professor. Dr. Gruendel and her husband, recently retired as a CT Appellate Court judge, have a home in Charlotte, North Carolina as well as in Connecticut.

From Trauma and Adversity to Health, Hope and Resilience: What's in Your Backpack?

The morning featured talk will provide an orientation to the Arc of Science with clips from the documentary *Resilience* and other sources that present a framework for understanding the impact of trauma and adversity on human development in an intergenerational context along with strategies for building health and resilience.



Afternoon Featured Speaker - Charlene Russell-Tucker

Charlene Russell-Tucker is the Chief Operating Officer for the Connecticut State Department of Education (Department), a role in which she has led priority project management functions to help improve the planning, efficiency, service and delivery effectiveness of the Department's programs and services. She also serves as the Division Chief for the Department's Office of Student Supports and Organizational Effectiveness. She is a performance-driven and visionary education leader with over 20 years' experience in successfully leveraging the inter-connectedness of the social, emotional, physical and mental health of students and their families as foundations for positive school and life outcomes. Ms. Russell-Tucker passionately supports family and community engagement in education and leads school attendance and school discipline initiatives with intensive focus on equity and diversity. She previously served as Associate Commissioner of Education and Bureau Chief within the Department

overseeing a portfolio of programs and services that included student health, nutrition and safety, adult education, special education, magnet and charter schools.

Ms. Russell-Tucker participates on various state and national committees; she is co-chair of the Connecticut General Assembly Committee on Children Strategic Action Group on Chronic Absence, and has served as expert panel member on committees of the National Academies of Sciences, Engineering and Medicine. She has also served in the role of president of the Connecticut Academy of Nutrition and Dietetics and as a member of the National Academy of Nutrition and Dietetics. Ms. Russell-Tucker has extensive teaching experience as an adjunct faculty member at Albertus Magnus College School of New Dimensions, an accelerated degree program. She gives generously of her time on local boards including the Child Health and Development Institute, The Children's Fund of Connecticut and the University of Saint Joseph Women Leadership Center Steering Committee.

In 2015, Ms. Russell-Tucker was named to the inaugural class of 100 Women of Color in Connecticut. In 2018, she was welcomed to the Campaign for Grade-Level Reading's Council of Champions. On a personal note, Ms. Russell-Tucker believes in finding and fulfilling one's life's purpose. She models this belief as a gospel recording artist.

Moving to Action: Relationships that Sustaining Health and Resilience

Having participated in a day of learning regarding trauma and building resilience, what are practical steps for action? Participants will learn culturally sensitive family engagement strategies for establishing strong relationships, linking early care and education with public schools to ensure a continuum of success and maintaining self-care, work/life balance and a culture of hope to sustain health and resilience.

Workshop Session Information

10:45 AM- 11:45 AM

Healthy Relationships, Healthy Children: Building a Baby Bundle Salon A

Presenter: Dr. Janice Gruendel

Age group(s): Infants (0-18 months), Toddlers (19-35 months) and Preschool (3-5 years)

Environment(s): home, classroom and community

Workshop Description:

This session will focus on building a bundle of young child, family and workforce supports to prevent and respond to trauma and adversity in the lives of families. Participants will find their ACE and resilience scores as the session focuses on relational health.

Note: This workshop is repeated in the afternoon session.

Recognizing and Reporting Child Abuse and Neglect for Mandated Reporters Salon B

Presenter: Brenda J. Myers

Age group(s): Infants (0-18 months), Toddlers (19-35 months) and Preschool (3-5 years)

Environment(s): home, classroom and community

Workshop Description:

This training focuses on recognizing signs of child abuse and neglect. The session covers job classifications that are considered to be mandated reporters, how to report abuse and neglect, and Daniel's Law. This training is intended to increase the knowledge of attendees while making them aware of state statutes that guide and protect mandated reporters as well as provide for the safety and well-being of all children.

About the Presenter:

Brenda J. Myers is a Mandated Reporter Trainer for the Children's Law Center. Brenda previously served 10 years as the State Coordinator of the McKinney-Vento Homeless Education Program at the South Carolina Department of Education in the Office of Youth Services. She also served as a Paralegal at the Richland County Department of Social Services for 11 years. In addition, Brenda has worked as a caseworker in the Child Protective Services and Medicaid divisions at the South Carolina Department of Social Services. She is a graduate of the University of South Carolina, where she earned a degree in Sociology with a concentration in Government International Studies.

Note: This workshop is repeated in the afternoon session.

Resilience Documentary Screening and Discussion Salon C

Presenter: Pat Patrick

Age group(s): Infants (0-18 months), Toddlers (19-35 months) and Preschool (3-5 years)

Environment(s): home, classroom, and community

Workshop Description:

Join a showing of the film, "Resilience: The Biology of Stress and the Science of Hope," by Karen Pritzker and James Redford. This movie screening focuses on the research around Adverse Childhood Experiences (ACE), and will assist professionals with developing knowledge on prevention and day-to-day actions to build resilience in children and families through schools. This movie complements Paper Tigers, by providing more scientific insight on how ACEs can disrupt neurodevelopment and impact child mental health and well-being. There will be a facilitated group discussion upon the conclusion of the showing.

About the Presenter:

Pat Patrick, MSW, LISW-CP is the Director of SC Families First, a family empowerment movement within the SC Department of Social Services successfully implementing family group decision making models. Mr. Patrick has extensive experience in child welfare including child sexual abuse prevention campaigns, program development and service delivery to children and families in both residential and community based settings. He currently works with the SC Department of Social Services on several key initiatives, creating and expanding family engagement service and implementing trauma informed practices. As a Master Trainer in the Adverse Childhood Experiences Interface curriculum, he works with communities in raising awareness of the impact of childhood trauma. He received his BS from the College of Charleston and his MSW from the University of South Carolina. Mr. Patrick is licensed as an Independent social worker of clinical practice in the state of South Carolina and serves on the Board of Social Work Examiners. He is also certified in Plant Based Nutrition and provides consultation to others in transitioning to a plant based diet.

Note: This workshop is repeated in the afternoon session.

Attachment Classroom 1-2

Presenter: Jessica Sharp

Age group(s): Infants (0-18 months), Toddlers (19-35 months) and Preschool (3-5 years)

Environment(s): home, classroom and community

Workshop Description:

In this session, participants will learn about the importance of secure attachments between young children and their caregivers, and the impact of both secure and insecure attachments on children's well-being. Participants will learn how to develop secure attachments between themselves and the children in their care, as well as how to support families in maintaining secure attachments during the transition to child care.

About the Presenter:

Jessica Sharp is the Field Manager for the South Carolina Program for Infant/Toddler Care. Her previous early childhood experiences include direct service with children and families as an Infant/Toddler Teacher, and as the Director of a nationally-accredited center, as well as indirect service through her work on community-level educational initiatives for the United Way of Greenville County. Jessica has a BA in Art from Furman University, an MAT in Early Childhood Education from Converse College, and completed PhD coursework in Early Childhood Education at the University of South Carolina.

Creating Trauma-Informed and Nurturing Interactions and Environments for Infants, Toddlers and Young Children Classroom 3-4

Presenters: Christopher Wells, M.Ed. and Cathy Joyner, LPC

Age group(s): Infants (0-18 months), Toddlers (19-35 months) and Preschool (3-5 years)

Environment(s): home, classroom and community

Workshop Description:

This session will address the potential impact that traumatic events can have on infants, toddlers and young children. These areas will include the potential impact on the brain, and on social, emotional and cognitive development. Strategies to create interactions and environments that help to mitigate the potential adverse impact of trauma and to foster resilience will be identified.

About the Presenters:

Christopher Wells is the Trauma-Informed Systems Supervisor for the South Carolina Department of Mental Health. In this role Chris has been providing consultation and training to staff from DMH and other agencies across the state since 2003. Chris received a bachelor degree in Psychology from the University of Florida and a Master in Education in Clinical Counseling from The Citadel. Chris has worked with SCDMH since 1995 and has specialized in treating individuals who have experienced traumatic events.

Cathy Joyner is a Licensed Professional Counselor and has been with the Charleston Dorchester Mental Health Center (CDMHC) since 1989. Since 1991, she has served as a clinician to children and families and as a clinician/supervisor for intensive home-based services and Babynet; has supervised two SAMHSA grants, one focusing on treatment of infants, toddlers and their families and the other on treatment for children experiencing physical abuse in their families. Cathy is currently the CDMHC Staff Resource and Development Coordinator. She is a contributing author to three books on the treatment of trauma.

1:15 PM- 2:45 PM

Healthy Relationships, Healthy Children: Building a Baby Bundle Salon A

Presenter: Dr. Janice Gruendel

*Note: This workshop is repeated from the morning session

Recognizing and Reporting Child Abuse and Neglect for Mandated Reporters Salon B

Presenter: Brenda J. Myers

*Note: This workshop is repeated from the morning session

Resilience Documentary Screening and Discussion Salon C

Presenter: Pat Patrick

*Note: This workshop is repeated from the morning session

The Protective Factors Framework: The Antidote to Child Abuse and Neglect Classroom 1-2

Presenter: Lorraine Cragan-Sullivan

Age group(s): Infants (0-18 months), Toddlers (19-35 months) and Preschool (3-5 years)

Environment(s): home, classroom, and community

Workshop Description:

The Protective Factors Framework consists of five factors known to help reduce childhood abuse and neglect. These factors include parental resilience, social connections, concrete support in times of need, knowledge of parenting and child development, and social and emotional competence of children. Learn about the five protective factors and develop a plan to integrate them into your everyday life and work.

About the Presenter:

Lorraine Cragan-Sullivan has over 20 year of experience working with children and families in diverse settings. Lorraine received her Bachelor and Master degrees in psychology from Marist College and Master of Social Work degree from the University at Albany. Lorraine is employed by the Greenville Health System in the Bradshaw Institute for Community Child Health & Advocacy and serves as the Upstate Community Outreach Program Coordinator for Help Me Grow South Carolina. Help Me Grow is an evidence based program founded on the fundamental premise that developmental surveillance and screening, along with early detection of children with developmental or behavioral health concerns and their connection to community services improves health outcomes for children. She is a certified trainer in the Strengthening Families' Protective Factor Framework.

Creating Trauma-Informed and Nurturing Interactions and Environments for Infants, Toddlers and Young Children Classroom 3-4

Presenters: Christopher Wells, M.Ed. and Cathy Joyner, LPC

*Note: This workshop is repeated from the morning session

2018 Champions for Young Children Symposium Planning Committee

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